



1st European MFT Conference 2023

Conference program

Thursday 07.09.2023

Check in from 15:30 - Welcome coffee

17:00 to 19:00 Introductory lectures

- **Prof. Dr. Frank Früchtel:** Welcome to the fh:p and lecture on "Relational Social Work
- **Eia Asen:** MFT: 'Once upon a time in the future...'

Friday 08.09.2023

Check in from 8:00 to 9:00 am

9:00: Welcome and greetings

9:30 to 12:30 Panels incl. coffee break

Panel 1: Psychiatry/ Child and Adolescent Psychiatry

- **Dr. Tina Schlueter** (Weissenhof) presents the work of the Weissenhof Clinic on eating disorders - MFT and "home based treatment".
- **Ulf Wallin** (Malmö) gives an insight into the work with eating disorders in Sweden - his input: "Multi-Family Therapy in eating disorders - the Nordic experience".
- **Anas Nashef** (Bremerhaven) talks about the multi-family therapeutic work of his team in Bremerhaven with families and children with autism.
- **Elisabeth Merklin** (Switzerland) gives an insight into the work with anxious patients at a clinic in Switzerland.

Panel 2: School

The school panel will look at different aspects of working with family groups in school.

- **Neil Dawson and Brenda Mc Hugh** (London) will present the work of a family school in London and focus on a curriculum for parents.
- **Aurelie Harf** (Paris) will focus on multifamily work in school with truancy.
- **Sylvia Beuth** (Berlin) and **Markus Föhl** (Cuxhafen) will compare multifamily work on a voluntary basis with multifamily work in a coercive context.
- **Andrea Murth and Christian Kraus** from Vienna will present the wide range of services in Vienna with a focus on linking pedagogy and MFA.
- **Eva Schilling and Elisabeth Ruoff** (Zurich) report on teaching-focused MFT.

Panel 3: Child and youth welfare/high-risk families

- **Stephanie Glaß** (Leipzig) and **Katrin Stratmann** (Berlin) present the work of "neustart" and "neuanFANG" to prevent child welfare risks and return children to their families.
- **Agnieszka Lelek** and her team (Poland) give an insight into her work and talks about "Multi-Family Therapy for adoptive families- How to overcome trauma and build safe bonds".
- **Riccardo Canova** (Italy) and **Elisabeth van der Heide** (Netherlands) will give an overview of European "No Kids in the Middle" services and new developments.
- **A European network around Klaus-Henner Spierling** will present the work of "Who Cares" and "Kidstime" projects from Iceland to Germany and Spain.

Panel 4: Community

In the community panel, colleagues present their multifamily therapy work against the background of social challenges and crises.

- This is about working with people who have had to leave their country and arrive at our institutions partly traumatised. Both the work with migration from Syria and currently from Ukraine is dealt with in multifamily therapy settings and discussed in this panel. (**Trudy Mooren**)
- In addition, the work of **Elise van Ee and her colleagues** with war veterans in a multifamily therapeutic context will be discussed.
- A university project will be presented by **Barbara Bräutigam** (FH Neubrandenburg), which is currently under construction and works multifamily therapeutically with refugees in an institute outpatient clinic.
- Dealing with profound developmental disorders, especially autism spectrum disorder, in society is also a topic in the community panel and will be presented by **Noel Pommepuy** (Paris).

12:30 to 14:00 Lunch Break

14:00 to 18:00 Barcamp

We are planning a bar camp for an intensive exchange on experiences, methods, concepts of multifamily therapy.

Because:

- ✓ we want to put a special focus on the exchange of experiences
- ✓ we do not want to have a fixed programme with workshops and presentations by a few "experts"
- ✓ we want all participants to be able to contribute with their knowledge, experiences or questions.

You are invited to share your knowledge and experiences with others. You give what you can and what you want. This means that the responsibility for the success of the conference lies with all participants.

But don't worry, expert knowledge is not required. An exciting question on the topic of MFT is enough to get into conversation with each other and exchange knowledge and experiences. Instead of a "participant" you are a "participant".

How does it work?

You enter your question/contribution/idea **in the Padlet until 31.08.2023** and thus actively contribute to the content of the 1st European MFT Conference.

After the first collection of topics, we will provide all participants with a reliable structure with exact time and room details until the beginning of the conference. Depending on the size of the group, the groups/meetings will take place in parallel and exclusively live at the FH Potsdam.

You decide which meetings/groups you would like to participate in. With your Like, you can prioritise the importance of individual topic suggestions in advance or signal your desire to participate. These likes make it easier for us to prepare for the planning of time slots and rooms.

In a nutshell

- ✓ Enter a method, idea or discussion proposal in the **Padlet by 31 August 2023**.
- ✓ Like the content of other participants
- ✓ Come on 07/08 September 2023, decide on topics for the meetings/groups and share them.

We look forward to seeing you!

Link to padlet:

<https://padlet.com/ConnyAdolf/5jh29ds394369ymz>



Saturday 09.09.2023

9:00 to 13:00 am Final lectures:

- **Alan Cooklin:** The many roads to Kidstime: A case study in leading to an MFT mode
- **Gerry Byrne:** The Lighthouse project
- **Katja Scholz and Maud Rix:** The necessity of constructive togetherness - dealing with stressed familysystems in multifamily therapy
- **MFT Research:** an overview on european Research projects and results

Outlook and farewell